

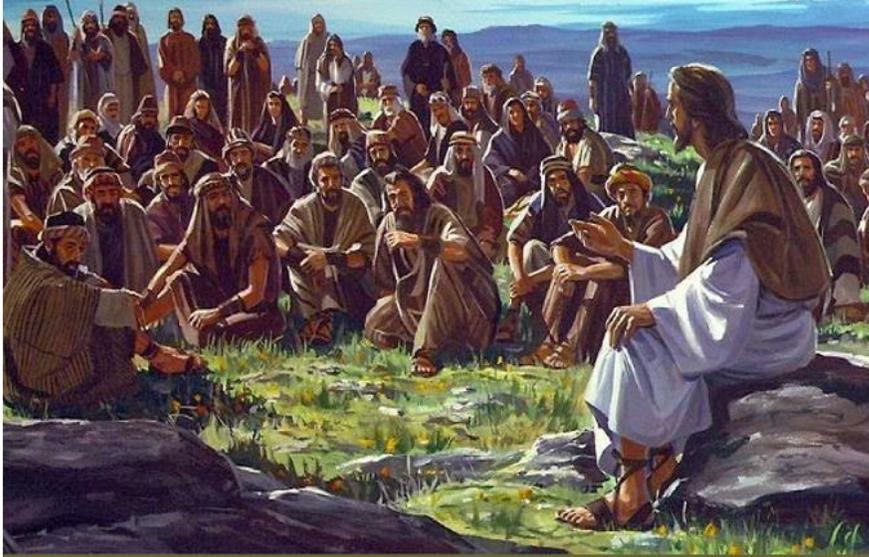
The Catholic Parishes of Crawford County

February 14th & 15th, 2026

I have not come to **Abolish** the Law
but to **Fulfill** the Law

Matthew 5:17-37

(The Fulfillment of the Law / Many Teachings)



SIXTH SUNDAY IN ORDINARY TIME

Mass Schedules:

Holy Cross

Saturday 6:00 p.m. Sunday 10:00 a.m.
Wednesday 8:00 a.m. Thursday 8:00 a.m.
Mass in Spanish: (every 1st & 3rd Sunday) at 11:30 a.m.

St. Francis Caracciolo

Saturday 4:00 p.m.

St. Michael

Sunday 8:00 a.m. Tuesday 8:00 a.m.

Confessions 30 minutes prior to every weekend Mass

- Feb. 14** – Valentine’s Day ♥
- Feb. 16** – Holy Hour for Peace 6:30 -7:30 p.m. at Holy Cross
– Presidents Day
- Feb. 18** – Ash Wednesday (See Mass times in bulletin)
- Feb. 20** – First Lenten Fish Fry 4:30 – 6:30 p.m. 🐟
- Feb. 22** – First Sunday of Lent
- March 22** – Lenten Penance Service 4:00 p.m. at Holy Cross
- March 25** – Annunciation of the Lord
- March 29** – Palm Sunday
- April 5** – Easter Sunday

Parish Office Hours:

Tuesday - Friday 8:00 a.m. - 4 p.m.
Phone: (573) 885-3520
Fax: (573) 885-3501
Address: 415 W. School Ave., Cuba, MO 65453
Email: hcccuba@gmail.com
Web: holycrosscubamo.org

Fr. Mark Smith – Pastor
msmith@diojeffcity.org

Deacon Rick Vise – Pastoral Assistant
(573) 586-9226
rvise@diojeffcity.org

Michelle Leos – Parish Secretary
573-205-8157

Parish Council Members:

Jim Bathe	Mike Kempf
Jerry Dubbelde	RuthAnn Kuethe
Alice Engelbrecht	Esli Navarro
Joe Howdeshell	Diane McCameron
Don Hudson	Ruth Woodson
Vicky Dunakey	Kate Howdeshell

Finance Council Members:

Larry Howdeshell	Donna Conduitt
Teresa Leicht	Marcia Paton

Pope Leo XIV Prayer Intention

FEBRUARY



For children with incurable diseases
“Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.”

Mission Statement:

We, the Catholic parishes of Holy Cross, St. Francis, and St. Michael, aware of the intergenerational communities and the various cultures living in our communities, welcome all – no matter where they are on the journey of Faith. We strive to strengthen the communities of Faith by working together through prayer, works of Justice and concern for our neighbors.



Ministry Scheduler Pro

Go to this link to see the schedule:

www.rotundasoftware.com/ministry/HolyCrossCuba

Mass Intentions for 2/16 – 2/22, 2026

- 16 Monday - NO MASS
- 17 St.M. Tues. 8:00 a.m. - **NO MASS**
- 18 H.C. Wed. 6:00 a.m. - Pope Francis †
- 18 St.M. Wed. 12:10 p.m. - No intention requested
- 18 St.F. Wed. 4:00 p.m. - Dale Wild Jr. †
- 18 H.C. Wed. 6:00 p.m. - No intention requested
- 19 H.C. Thurs. 8:00 a.m. - No intention requested
- 20 Friday - NO MASS
- 21 St.F. Sat. 4:00 p.m. - Randy Baker †
- 21 H.C. Sat. 6:00 p.m. - Leroy Rolens †
- 22 St.M. Sun. 8:00 a.m. - People of the parish
- 22 H.C. Sun. 10:00 a.m. - Tom Conduitt†

Parish Collections: February 7 & 8, 2026

Parish	Envelopes		Loose		Total
Holy Cross	\$6,640.00	+	\$412.00	=	\$7,052.00
St. Michael	\$710.00	+	\$401.00	=	\$1,111.00
St. Francis	\$1,215.00	+	\$306.00	=	\$1,521.00



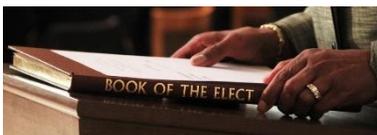
Chuck Walls, Ron McCall, Cheryl Hart, Charlie Coster, Don Sellers, Sister Karen Thein, Renee Thompson, Josephine Lindsey, Kristina Marty, Lance Marty, James Marty, Rosemary Baker, Jim & Sandy Mowry, Pat Lee, Clayton Miller, Randy Nilges, Wilma Rolens, Misty Rolens-Roberts, Bob Ruwwe.

ORDER OF CHRISTIAN INITIATION



The next OCIA session is on **Sunday, February 15 at 1:30 p.m.** in the parish hall meeting room. Next Sunday, on February 22nd at the 10:00 a.m. Mass, the candidates and their sponsors will be 'sent' by the parish for the Rite of Sending. They

travel to Jefferson City to the Cathedral and participate in the Rite of Election. Each candidate will get the chance to meet Bishop Ralph B. O'Donnell.



Please continue to pray for them as travel along their Faith journey into being fully initiated in the Catholic Church.

Youth Faith Formation Update:



Classes are on **Wednesdays from 5:30 - 6:30 p.m.** February classes will be held on **February 18**. On February 18, all students will attend Ash Wednesday Mass together. (Parents are welcomed and encouraged to attend as well!)

There is **NO** class on Wednesday, February 25th.

Wednesday, February 18th

ASH WEDNESDAY

Mass Times:

St. Michael 12:10 p.m.

St. Francis 4:00 p.m.

Holy Cross

6:00 a.m. & 6:00 p.m.

Remember
THAT YOU
ARE DUST,
AND TO DUST
you shall RETURN

Repent AND Believe
IN THE Gospel

GENESIS 3:19

Father will be available for confessions 30 minutes prior to each Mass for confessions.

Other surrounding parishes Ash Wednesday Masses (if your unable to attend one at your own parish)

Sullivan, *St. Anthony's* – 8:00 a.m.

Gerald, *St. Gerald* – 12:00 p.m.

Japan, *Holy Martyrs* – 6:00 p.m.

Belle, *St. Alexander* – 5:00 p.m.

Owensville, *Immaculate Conception* – 8:00 a.m. & 6:30 p.m.

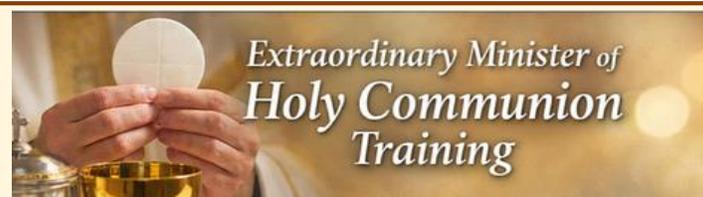
Rolla, *St. Patrick* – 8:15 a.m., 6:00 p.m. & 8:00 p.m.

St. James, *Immaculate Conception* – 6:00 p.m.

Rosati, *St. Anthony* – No Mass



The ministry schedule needs to be created for the months of March and April, which include Holy Week (Palm Sunday, Holy Thursday, Good Friday, Holy Saturday, & Easter) **PLEASE** call or email the parish office if you plan to attend Mass during ANY of those Masses and wish to participate in the ministries. It is crucial to have people serve in the ministries so the Mass runs smoothly and we are able to focus on what matters most – worshiping and honoring God! Likewise, if you know you will not be attending Mass during these months – please let the office know so you are not scheduled while you are away.



Training and commissioning for Extraordinary Ministers of Holy Communion will be offered **February 21–22** and **February 28–March 1**, after each Mass at all three parishes. Sessions will last approximately 30 minutes. If you are currently serving or feel called to this ministry, please plan to attend one of these training times. This includes for those taking Eucharist to the homebound.

Altar Society Meeting:

There will be NO Altar Society Meeting in the month of February.



Prayers and Sympathy for the Wells Family:



Prayers for the family of Joan Catherine Wells who passed away Wednesday, February 4. Her funeral service was on Tuesday, February 10 at St. Clare Catholic Church in St. Clair. May she rest in peace.

REMEMBER:

Ash Wednesday and Good Friday are obligatory days of fasting and abstinence from meat.



In addition, Fridays during Lent are obligatory days of abstinence from meat.



HOLY HOUR FOR PEACE

Monday, February 16th
6:30 – 7:30 p.m.
At Holy Cross

Bishop O'Donnell has called the entire Diocese to a deeper commitment to prayer during this time of division, uncertainty, and need for healing. He invites the faithful to unite before Christ in the Eucharist, praying for PEACE, reconciliation, justice, and hope. In response to his call, Holy Cross will offer a Holy Hour on **Monday, February 16th from 6:30–7:30 p.m.**

This Holy Hour will lead into the **Lenten Monday Holy Hour**, which will continue **every Monday during Lent from 6:30–7:30 p.m.**, including Evening Prayer.

Make Eucharistic Adoration part of you Lent Journey:

Lent is a beautiful time to draw closer to Jesus in the quiet of Eucharistic Adoration. Whether you stay for a full hour or just a few peaceful moments, His presence brings comfort, strength, and grace. Simply come—pray, reflect, or rest silently with Him.



Weekly Adoration Times:

Mondays: 6:30–7:30 p.m. (Holy Hour with Evening Prayer)

Wednesdays: After 8:00 a.m. Mass until 3:00 p.m.

Come spend time with our Lord!

“Jesus is there in the Blessed Sacrament expressly for you... He burns with the desire to come into your heart.”
— St. Thérèse of Lisieux “

Blessed Palms - Collected:



Next week a basket will be placed in the back of each parish for a few weeks during Lent to collect blessed palms for burning. Blessed palms can also be burned or buried at home. Please do not dispose of them in the trash since they are a sacramental.

Catholic Relief Service (CSR) Rice Bowls:



Pick up your family's CRS Rice Bowl. 75% of your donation supports work around the world, 25% of your donation stays within the parish for our local food pantries.

Golden Echoes Fish Sandwiches:

Golden Echoes, located at 401 N. Spring St, Steelville, MO 65565, will have cod sandwiches on Ash Wednesday and all the Fridays of Lent from 11:00 a.m. – 1:00 p.m.



Happy Valentine's Day, February 14th

For God
SO LOVED THE WORLD
THAT HE GAVE HIS
ONLY
BEGOTTEN
SON SO
THAT WHOEVER
BELIEVES
IN HIM SHALL
HAVE EVERLASTING
Life

On this Valentine's Day
let us Pray for Peace:
Mary, Queen of Peace, save us all, who have so much trust in you, from wars, hatred, and oppression. Make us all learn to live in peace, and educate ourselves for peace, do what is demanded by justice and respect the rights of every person, so that peace may be firmly established. Amen



Fish Fry Fridays Return!

Feb. 20–Mar. 27 • 4:30–6:30 p.m.

All-You-Can-Eat fish, shrimp, sides, drinks & desserts!

Prices: Adults \$15 • Kids 6–10: \$5 • Kids 5 & under: Free
Bring a Dessert! No need to sign-up, just drop off any dessert, any week – (Every week if you can!)

We Need Volunteers! Sign-up sheets are at each parish. Training provided!

Fry Shack Prep: Feb. 15 after 10 a.m. Mass: Help us clean and test the fryers.

Lenten Small Faith-Sharing Groups:

This Lent, parishioners from all three parishes are encouraged to join (or lead) a *Small Faith-Sharing Group*. The parish will provide all needed Leader and Study Guides. Groups will meet **4–5 times** and watch/discuss short episodes from *Forgiven: The Transforming Power of Confession* on FORMED. A series focusing on: exploring the Sacrament of Reconciliation, focusing on God's mercy, and the healing power of confession.

Episodes include:

- *Where Are You?* (31 min)
- *An Encounter with Mercy* (27 min)
- *Embraced in Mercy: The Rite Explained* (32 min)
- *Biblical Foundations: Sin, Mercy & the Sacrament of Confession* (65 min)

If you are interested in **facilitating a group**, please contact Deacon Rick or the parish office.



About *Forgiven*

Sin, guilt, failure, disappointment...these are all an unpleasant but universal reality of the human experience. We all have to deal with them, but we can't do it alone. The remedy is immediately available and miraculously effective—the Sacrament of Reconciliation.

Confession isn't a rule, a formality, or an old-fashioned ritual. It's an intimate and life-changing experience of God's mercy.

Forgiven explores the grace and healing offered in Confession and shows how this sacrament of mercy reveals the depth and bounty of God's love. By looking at God's revelation of his mercy in Scripture and making a step-by-step examination of the Rite itself, *Forgiven* communicates God's invitation to each one of us to come experience his indescribable love in the Sacrament of Reconciliation.

Episode 1: Where are you? (31 min)

Episode 2: An Encounter with Mercy (27 min)

Episode 3: Embraced in Mercy: The Rite Explained (32 min)

BONUS FORGIVENESS VIDEO RESOURCES ON FORMED

For Parish Staff: Strategies on How to Promote Confession

For Children: How to Make a Great Confession

For Catechists: Revealing Mercy in a Merciless World

Biblical Foundations: Sin, Mercy, and the Sacrament of Confession with Dr. Tim Gray

Answering Common Questions about Confession

 **Catholic Market™**

Buy your leader guide and participant guides at Catholic Market.



Watch Now! Only on **formed**



“How to Lent” on FORMED:

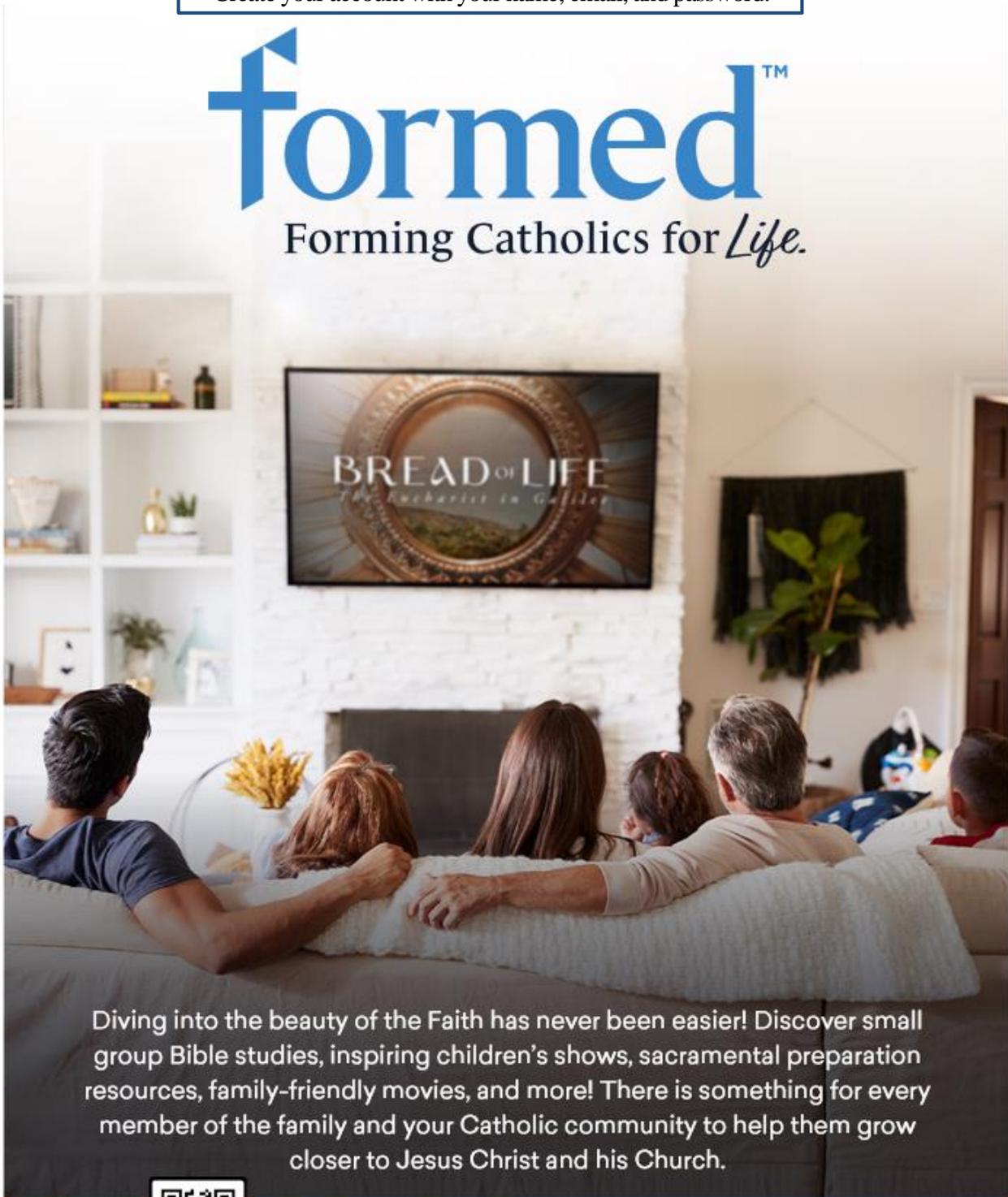
Looking for a meaningful way to enter Lent? How to Lent, a series on FORMED, offers simple guidance on prayer, fasting, and almsgiving to help you prepare your heart, inspired by the call of St. John the Baptist. *Check it out!*

FORMED[®]

How to Sign Up:

- Visit formed.org or download the **FORMED** app.
- Click “*Find your Parish Subscription.*”
- Select “*Crawford County Catholic Parishes.*”
- Create your account with your name, email, and password.

formed[™]
Forming Catholics for *Life.*



Diving into the beauty of the Faith has never been easier! Discover small group Bible studies, inspiring children’s shows, sacramental preparation resources, family-friendly movies, and more! There is something for every member of the family and your Catholic community to help them grow closer to Jesus Christ and his Church.



Register for a free **Formed** account at signup.formed.org

SHEER GOODNESS

MISSOURI CATHOLIC SUMMIT 2026



**ST. JOSEPH
CATHEDRAL
JEFFERSON CITY, MO**

**FEBRUARY
28, 2026**

**COLLEGE
AGED YOUNG
ADULTS 18-25**

*For more information and registration,
visit diojeffcity.org/mo-catholic-summit/*



**DIOCESE OF
Jefferson City**



MARRIAGE RETREAT

*FOUNDATIONS FOR A
GREAT MARRIAGE*

MARCH 13-14, 2026

- Join us for**
- Inspiring talks led by couples from the Marianist Retreat Center
 - Prayer experiences
 - Quality reflection time with your spouse
 - Explore the spirituality of your relationship

Register:

Cost \$30, food included
Scholarships are available

**CHILDCARE
AVAILABLE:
\$10/FAMILY**

Meet our presenters:

Lisa & Paul Masek have been married for over 35 years, have 4 adult children, and enjoy hiking, traveling, snuggling, and laughing.

Liz & Dominic Lozano have been married for 22 years, have two teenage daughters at home and one in heaven, and enjoy playing music together.



Register now at
[diojeffcity.org/
marriage-retreat](https://diojeffcity.org/marriage-retreat)



----- Marriage Retreat -----

Registration is now open for the 2026 Diocesan Marriage Retreat!
March 13-14, 2026 at the Cathedral of St. Joseph.
The retreat will be led by two inspiring couples from the Marianist Retreat Center. Childcare will be available.

COLLEGE SCHOLARSHIPS AVAILABLE

Applications due
March 27, 2026



The Diocese of Jefferson City is pleased to offer our parish families college scholarship opportunities through a generous donation from the family of William H. (Bill) Simon



FOR ELIGIBILITY REQUIREMENTS
AND TO COMPLETE AN APPLICATION, VISIT:

diojeffcity.org/scholarships



DIOCESE OF
Jefferson City

----- **College Scholarships Available** -----

Applications for college scholarships are now available! Through a generous donation from the family of William H. (Bill) Simon, funding is available to high school seniors or current college students with financial needs who commit to practicing their faith. The deadline to apply is March 27. Find eligibility details and applications at diojeffcity.org/scholarships



DIOCESE OF
Jefferson City

SUMMER CAMPS

FOR INCOMING 6TH-12TH GRADERS



Camp Lolek
FOR JUNIOR HIGH

June 7-11, 2026 - Boys

June 14-18, 2026 - Girls



Camp Maccabee
FOR YOUNG MEN

June 21-26, 2026

July 12-17, 2026



Camp Siena
FOR YOUNG WOMEN

June 28-July 3, 2026

July 19-24, 2026

For more info, visit diojeffcity.org/camps



***Registration for Diocesan Summer
Camps 2026 opens January 31st***

Visit <https://diojeffcity.org/youth-camps/> to learn more and
or to register!



MIDWEST MARCH FOR LIFE



*Save
the Date*

April 30, 2026

**Missouri State Capitol
Jefferson City, MO**

Featured Speakers:

Reagan Barklage

National Field Director
Students for Life of America

Mayra Rodriguez

Pro-Life Advocate,
Speaker, and Whistleblower
against abortion giant
Planned Parenthood

To see typical schedule from last year, get more information, and register, visit us at
midwestmarchforlife.com

**We love to honor young people as they
promote the sanctity of life!**

**Tell us what your school or homeschool group
has been doing and apply to be the ProLife
School of Year!**



**School bands welcome to register to perform in
March**

Are you new to the Parish?

If you are new to the parish, please call the office at 573-885-3520 to register or stop by so we can meet you!

Has your information changed?

If you have moved, disconnected your home phone and only use a cell, or have any other household changes, please let us know so we can update our records.

Remember – if you don't tell us – we won't know!

Mass Intentions

FOR THE WEEK

If you would like to have a Mass said, the suggested amount for the stipend is \$10. Call the office to schedule a Mass Intention, or put your stipend in an envelope with the following Information:

- Your name & phone number
- Who the Mass is for
- If they are deceased
- Specific date (if any) please specify if the intention can be on a weekday or not.

Anointing of the Sick:

It is important to seek the sacraments of the Anointing of the Sick and Reconciliation prior to going to the hospital, when you are sick, or nearing death. Contact the office or Father for to schedule a time for the sacrament.



Homebound: If you would like to minister to the homebound by visiting them and bringing them Communion, please contact the parish office.

Yoga Class on Tuesdays Offered at Holy Cross:



For a small fee, Yoga Class offered on Tuesdays at HC from 5:30 - 6:30 p.m. For more information, contact Diane 314-578-1132 or Donna 573-259-6957.

“Heavenly Cleaner” Volunteers – Please Help:

Holy Cross has a group of volunteers called “Heavenly Cleaners” that clean the church each week. They are divided into teams of 2. Each team cleans the church once a month. The team is asked to freshen up the bathrooms, vacuum the floor, dust, take out trash, and sanitize. If you would be interested in helping with this ministry of the church, please call the parish office.



ASSISTIVE LISTENING SYSTEMS AVAILABLE 	Remove from charging station.
	The On button is on the <u>top</u> Volume Control is on the <u>front</u> .

After Mass, wipe off unit and return to charging station.



Misa en español

CADA 1° Y 3° DOMINGO DEL MES.
MASS IN SPANISH IS EVERY 1ST & 3RD
SUNDAY OF THE MONTH

Cemetery/ Columbarium:

Many people feel it can be a great help to their grieving family members if the desires of the deceased were planned by him/herself before the time of death. Whether cremation or burial is chosen, consider Holy Cross as yours or your loved one's final resting place. Many people are not aware that the proper practice for cremation is to place the cremains in the columbarium or bury them in the cemetery. If members of our community have the cremains of a loved one in their home, or another place other than the cemetery, they should make arrangements to give their loved ones a place to rest in the columbarium or cemetery with the proper prayers of interment.



Holy Cross Catholic Cemetery plots/niches are available whether burial or cremation is your choice. Contact Louis Raineri 573-259-8920 or the parish office for more information. Sacred Heart in Leasburg and Mount Calvary in Bourbon.

Baptisms & Weddings:



If you are planning a Baptism, there is a preparation class. Please call the parish office. If you are planning a wedding, please contact Deacon Rick. There is a preparation that needs to be done 6 months prior to the wedding.



Funeral Dinners:



If you are interested in helping with the funeral dinners, please call the office. You will be called upon when a funeral dinner is requested. Help with bringing food, set up, or clean up! Please consider this ministry of the church so we can provide for our grieving families.



Keep in touch with us
VIA EMAIL AND TEXT MESSAGE

Text: crawfordcounty
To: 84576
OR online at: HCross.flocknote.com

Ways to Save for the Parishes:

- Turn in used **ink cartridges**. Given to Staples to recycle, \$2 is received for each cartridge, up to \$40 a month!
- Turn in **Best Choice UPC codes** found on the labels. Each UPC code is redeemable for 3¢ cents each.



(Both St. Michael and Holy Cross Save Best Choice UPC Codes) Please deposit your Best Choice UPC codes and ink cartridges in the collection box in the church entrance or bring to the parish office.



CubaKofC Membership Invite:



The Cuba Knights of Columbus covers all of Crawford County. CubaKofC is in search of new members to help our order grow and maintain its position as the strong right hand of the Church and service to the community of Crawford County.

CubaKofC consists of the men and women volunteers. The Knights of Columbus Chapter 8920 and the Ladies Auxiliary 8920. These men and women's service helps many local organizations and individuals in need. CubaKofC helps the parishes of Crawford County and community organizations such as the food pantries, Special Olympics, and prolife organizations, as well provides community wide events such as the Kids Christmas Party.

This is a personal invitation to all men and women of our parish to come and join our CubaKofC service community. In our busy lives many people do not think they have time to add another activity. However, your commitment is to do what you can. Maybe it is helping with just one event, attending our monthly dinner social and business meeting, or helping with our Bingo fundraiser. The choice is yours, but many hands will make light work.

Help us Help Others in our parishes, school and community by inquiring into Cuba Knights of Columbus, please join us. You won't regret it. For Further information on how to join please contact District Deputy Louis Raineri at 573-259-8920 or louisraineri8920@gmail.com or Grand Wayne Kuethe.



FEBRUARY 2026 BINGO NEWS

Thursday Nights @ 6:15 p.m. (doors open at 4)
PROGRESSIVES ~ The **First Progressive** will be \$6,500.00 with 16 hot balls. The **Second Progressive** will be played out and pay \$500.00, \$750.00 or \$1,000.00.
QUEEN OF HEARTS ~ Queen of Hearts game for Bingo players should be over \$15,000.00.
RAFFLE ~ Every week at Bingo - you take the prizes home that night!!!!
CANNED FOOD DRIVE ~ Bring one or more cans of food and get a free 3 on for each can!
MATCH ONE OF THESE ~ Bring your tally sheet from the previous week. Win a free gas card.
Numbers are: **190283, 190356, 190390 and 190412.**
There is a "SPECIAL" Valentine for Bingo players on **February 13th!** ❤️



Altar Society meets every 2nd Thursday of the month at the Holy Cross Parish Hall. This organization coordinates and works on fundraising events that support our parish, school and youth group. They also help supply the liturgical needs of the parishes. All are welcome to attend and join! Please contact Christy Moreland for more information.

QUILTING GROUP

EVERY TUESDAY

9:00 A.M. - 12:00 P.M.

AT ST. MICHAEL'S

The Crawford County Parishes quilting group meets at St. Michael in Steelville every Tuesday from 9:00 a.m. - 12:00 p.m. (after Mass)

Please come join them, as many hands make light work and they will be able to serve many more people with your help! Contact Lil Collins at 314-779-4541 for more information or just come down and join them! No experience is necessary!



Pray For Our Pope Pope Leo XIV

We pray that Pope Leo XIV be strengthened in his ministry. May he continue building bridges that connect us to one another. May he be an example of faith, hope and love. We pray that you give him joy in his work and a renewed fervor for your Gospel message.

Are you VIRTUS certified?

Do you have your background check completed?

Have you signed the Code of Conduct?

If you are not sure, or answered "no" to any of these questions, let us know!

Call or email Michelle in the office to find out if you are VIRTUS compliant! 573-885-3520 or hcccuba@gmail.com

All volunteers and all school parents (both parents) must to be VIRTUS compliant prior to volunteering or your child starting school.

Please help us, keep our children safe. The training provides us the knowledge on how to recognize signs of abuse and what to do if we suspect abuse happening. If we ALL are certified and have the training, the likelihood of a child being harmed is greatly reduced.

Call the office if you would like to have an in-person VIRTUS class, or go to www.virtusonline.org to register and take the 2-hour class online.

If you or a family member have experienced abused in the past, please contact our victim assistance coordinator through the Diocese, Jacqueline Baldwin at 573-694-3199.

KEEPING OUR PROMISE
TO PROTECT
Child and Youth Protection



Breaking the Silence of Abuse:

As a diocese, we are committed to breaking the silence of abuse. When someone is reporting abuse, we must

acknowledge their pain and how difficult it is to talk about it. False allegations are very rare. Our initial response to someone who is disclosing abuse for the first time must be compassionate. For those who need to report abuse, encourage them to contact our Victims Assistance Coordinator, Jacqueline Baldwin, (573-694-3199) and to make use of the appropriate State of Missouri hotline (1-800-392-3738) or the [Attorney General's clergy abuse online form](#). All of this information is also on our website, under the 'report abuse' tab. For those who want information, or want you to convey a message to Bishop McKnight, please encourage them to write to us at reportabuse@diojeffcity.org.



Need Support Now? If you or someone you know is struggling or in crisis, help is available. Call or text 988 or chat 988lifeline.org.

Online Counseling Services:

Catholic Charities Counseling services is now providing professional in-person and online therapy across the Diocese of Jefferson City. To learn more simply visit ccnmo.diojeffcity.org/counseling



Service Opportunity in Our Community:

Drivers are needed to drive veterans to the VA hospital in Columbia MO. The local DAV (Disabled American Veterans) have the vehicles. Drivers do not have to be veterans. This is unpaid. You do get free meals! Call 885-1390 or 885-3680 to volunteer or for more info. Veterans needing a ride, call 885-1390 to schedule.



Ministerial Alliances and the Food Pantries:

In Cuba, the Cuba Ministerial Alliance (CMA) "runs" the food bank and cooperates with the Life Line Pregnancy Center.



Holy Cross has a St. Martin De Porres envelope to help the poor. The monies collected from this fund help support the Cuba Food pantry.

Crawford Country Mobile Food Market

3rd Thursday of each month
Begins at 10:30 a.m. at the
Cuba Food Pantry



**Always looking for
volunteers!
Call today to help!**

Local Food Pantry Hours:

Cuba: (573-885-6703)

Thursdays 8:00 a.m. – 11:30 p.m. & 3:30 p.m. – 6:00 p.m.

Fridays 8:00 a.m. – 11:30 p.m.

Steelville: (573-775-4827)

Last 2 Tuesdays of the month hours: 2-4 p.m.

Bourbon: (573-732-4888)

Saturday 9-12pm.

Thrift shop: Mon. Tues. & Thur. 9-4p.m. and Sat. 9-12p.m.

Feed the Hungry:

Our Local food banks are in need of food. The cost of food has gone up! To help, there is a "food basket" in the entryways of our churches. Please bring nonperishable food items and place them in the baskets. The food items will be sent to the 3 food pantries in our three towns.



Jefferson City Diocesan Women's Ministry:

The Women's Ministry of Jefferson City was established to help the women of our diocese connect with each other so that we can support each other in our spiritual journeys. We find inspiration and comfort in praying with each other, in talking with each other, and in sharing the stories of our faith journeys.



<https://diojeffcity.org/womens-ministry/>

For opportunities to get involved in the ministry, please contact Barb Prasad, Director of Women's Ministry at bprasad@diojeffcity.org or (573) 635-9127 ext. 222

"Like" the Women's Ministry page on Facebook to keep up with events and news, and to get to know women in your parish and deanery.

www.facebook.com/profile.php?id=100070216385915



“Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your request known to God.” **Philippians 4:6**



The God Minute is a short, daily Christian prayer that includes peaceful music, scripture and a reflection to bless your day with the Lord. It's only 10 minutes. Take a few God Minutes each morning and see how your day rises in abundance. A Catholic devotional by the Congregation of the Mission - the Vincentians.

<https://www.thegodminute.org/wix-podcast-player>

Please Listen to the Diocese of Jefferson City Podcast.



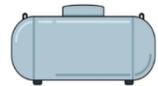
Prayer is how we orientate ourselves as stewards of God's gifts. In this month's podcast, we continue our discussion with Fr. Stephen Jones



about the Four Pillars of Stewardship. These series are designed to help us deepen our understanding of the Spirituality of Stewardship as we approach the Catholic Stewardship Renewal in **October**. Listen to the podcast at <https://diojeffcity.org/podcast/> or use the QR code above.

Propane Offer:

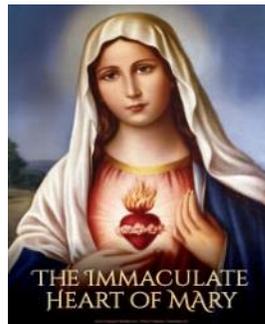
Boland Energy Boland is willing to offer employees and parishioners the **fixed rate of \$1.59**. This fixed rate will expire August 1, 2026. The only stipulations are: the delivery must be a minimum of 250 gallons delivered at a time and customers must own their tank. If you would like to partake in this offer, please call Boland Energy at: 636-239-9400 and tell them the code word “Holy Cross”.



The Nicene Creed

I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Prayer to the Immaculate heart of Mary:



O Immaculate Heart of Mary, we entrust ourselves to you, Health of the Sick. At the foot of the Cross, you participated in Jesus’ pain, with steadfast faith. Patroness of the Diocese of Jefferson City, you know what we need. We are certain of the power of your intercession, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father’s will and to do what Jesus tells us: He who taught us to “love one another, as I have loved you” took our sufferings upon Himself and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Bring under your mantle of protection all who provide care for the sick and minister to their needs, as your Son implores us to do for one another. **V.** We seek refuge under your protection, O Holy Mother of God. **R.** Do not despise our pleas and deliver us from every danger, O glorious and blessed Virgin. Amen.

FOR YOUR MARRIAGE

Preparing for a Great Marriage:

The Catholic Church teaches that marriage is a covenant, a contract and a bond between a man and a woman that forms a partnership for life. The marriage bond is a unique and exclusive relationship between husband and wife for the sanctification of the couple and for the procreation and Christ-centered nurturing of children in a family.

The family, with its foundation in marriage, is a fundamental unit of the Church. Marriage is also a basic social institution of human society. Marital love is at the service of the couple, the children, the community, and of the world.

Because of its timeless importance, the Church teaches that marriage between two baptized Christians is a sacrament, a source of grace and a sign of God's love for the world.

Every sacrament needs preparation for its fruitful celebration. The Church wants to ensure that those entering the life-long commitment of marriage are adequately prepared for the riches and the responsibilities that are intrinsic to it. This is why the Diocese of Jefferson City has a policy for marriage preparation. It is not to make the couple "check the boxes" or "jump through hoops." In her efforts of remote, proximate and immediate preparation, the Church is not trying to make it more difficult to get married, but rather provide the best opportunity for equipping the couple to live a shared life of love, compassion and nurturing grace.



Marriage Resources:

Marriage preparation – USCCB –
www.usccb.org/topics/marriage-and-family-life-ministries/marriage-preparation

Marriage & Family Life –
www.archstl.org/marriage-family-life/resources/sexuality

Natural Family Planning - www.diojeffcity.org/natural-family-planning-2/

Pre-Marriage Inventory © is a comprehensive, user-friendly tool for lay individuals, couples or professionals who are helping couples prepare for marriage, and who become trained as FOCCUS Facilitators.
www.foccusinc.com/foccus-inventory.aspx

Prepare/Enrich provides training for premarital counseling, coaching, and education, investments in your couples' futures. www.prepare-enrich.com

Pre-Cana is one component of the marriage preparation options available to couples that are considering marriage within the Catholic Church. The conference itself consists of presentations by couples and individuals on topics that are a practical as well as a spiritual nature.
www.diojeffcity.org/marriage-preparation/pre-cana-registration/



MARRIAGE RETREAT
FOUNDATIONS FOR A GREAT MARRIAGE
Save the Date
MARCH 13-14TH, 2026
CATHEDRAL OF ST. JOSEPH | JEFFERSON CITY, MO
for married couples

Registration is now open for the 2026 Diocesan Marriage Retreat on March 13-14, at the Cathedral of St. Joseph. The retreat is led by two inspiring couples from the Marianist Retreat Center. (Childcare will be available.)

Attendees can expect three meals, inspiring talks, engaging prayer experiences, and quality reflection time (reflection can be done as a couple or in small groups).

Go to: <https://diojeffcity.org/marriage-retreat/> for more information and registration.

If you have questions, please contact Julie Gramlich at the Cathedral of St. Joseph, julie.g@cathedraljc.org, or Mary Madelyn Mertes with the Office of Marriage Ministries, mmertes@diojeffcity.org.

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